CARETAKER'S COTTAGE INC 189 Hills 2010, 360-4067. 176M1 CARETAKER'S

189 Albion Street, Surry Hills 2010, 360-4067. 51. 189 Albion Street, S. 189 Albion Street, Surry Hills 2010, 360-4067.

#### CONTENTS

-	
AGENDA ANNUAL GENERAL MEETING 26.9.1991 F	1
MINUTES ANNUAL GENERAL MEETING 28.9.1990 F	
OPERATIONAL OBJECTIVES OF CARETAKERS COTTAGE	23
SERVICE REPORT	anc. 1
3.BED OCCUPANCY RATE 4.UNMET REFERRALS 5.AGE DISTRIBUTION 6.REASON ACCOMMODATED 7.REASON FOR LEAVING HOME 8.LAST PERIOD TO RESIDE WITH FAMILY 9.LAST DATE TO CONTACT PARENTS 10.CONSENT TO CONTACT FAMILY 11.ACCOMMODATION HISTORY 12.ASKED TO LEAVE PREVIOUS ACCOMMODATION SERVICE 13.ACCOMMODATION GOALS 14.DESTINATION AFTER CARETAKERS 15.OFFENCES 16.TYPE OF WARDS 17.TYPE OF ASSAULT 18.ACTION TAKEN ON ASSAULT 19.INCEST 19.WANT TO PERSUE THESE ISSUES 20.DOCS OR POLICE INVOLVEMENT 20.COUNSELLORS INVOLVED	P5 P5 P5 P5 P6 P7 P8 P10 P11 P12 P13 P14 P15 P16 P17 P18 P19 P20 P21 P21 P22 P23 P25 P26 P27 P27 P28 P29 P20 P21 P20 P21 P20 P21 P20 P21 P20 P20 P20 P20 P20 P20 P20 P20 P20 P20
G.DIFFICULTIES ENCOUNTERED IN PROVIDING	P3:

	H.INFORM	ATION ON	ANY	REVIEWS	OF	THE	P32
	I.OTHER	ISSUES					P32
SERVICE PLAN -	1991-92						P33
JOB DESCRIPTION	S						P33
AUDITED STATEME	NTS						P34

#### CARETAKERS COTTAGE YOUTH REFUGE

#### ANNUAL GENERAL MEETING

26.9.1991

- LAST YEARS MINUTES
- Chairperson Richard Millar REPORTS 2. - Treasurer - Russell Sykes - Co-ordinator Laurie Matthews
- Chairperson ELECTION OF OFFICERS 3. - Treasurer - Secretary
  - ORDINARY MEMBERS
- 4. CONSTITUTIONAL AMENDMENT
- 5. CLOSE

#### COMMITTEE MEETING

- Implementation of Award 1.
- 2. Job Contracts
- October Review/Evaluation
- 4. Covering letter to Dept. of Community Services for Audit

#### ANNUAL GENERAL MEETING

#### CARETAKERS COTTAGE INC. 28/9/1990

PRESENT: Laurie Matthews, Suzie Evans, Christina
Boeckenhauer, Tim Lawrence, (staff) Rhondda Matthews, Russell
Sykes, Carolyn Stoney, Danni Glynn, Max Hart, Madeleine
Spielman

- 1. Chairpersons Annual Report Rihard Miller (see attached)
- 2. Treasurers Annual Report, Russell Sykes (see attached)
- Staff Report, Laurie Matthews (see attached service report)
- 5. Election of Office Bearers:

Chairperson: Richard Miller nominated Russell, Laurie elected unopposed.

Treasurer: Russell Sykes nominated Richard, Rhondda elected unopposed

Secretary: Rhondda Matthews nominated Russell, Richard elected unopposed

Members: Madeleine Spielman, Danni Glynn, Max Hart, Carolyn Stoney OPERATIONAL OBJECTIVES OF CARETAKERS COTTAGE

#### PART 1

#### For the resident ;

- To have a safe and supportive environment in which to shelter conducive to examining his/her circumstances.
- To begin taking steps toward dealing with problems and the functional resolution of the crisis components of these problems to the improvement of his/her situation.
- To be involoved in making decisions concerning themselves and to take responsibility for his/her life.
- To have access to assessment, counselling, resources, referral and follow-up to meet individual needs.
- To develope basic living skills necessary to cope effectively in an alterante living situation.
- To have access to information and encouragement in order to make positive choices about their lifestyle towards their own wellbeing and personal development.
- To receive advocacy on their behalf with parents, government departments, the legal system and significant others.

#### SERVICE REPORT

A) The project goals and objectives have altered significantly since our last Annual Report. The changes are included in the accompanying Operational Guidelines, March 1991.

#### B) Achievement of Objectives.

Caretakers Cottage is in the midst of a 12 month pilot project that commenced in March 1991. The new objects and goals for the organisation are being met and are quantified at length in section C of this report. During the course of this pilot project a number of reviews/ the course are scheduled, at which times various adjustments are made.

When looking at the quantitative information it should be noted that during the first 9 months of the year the service accommodated up to 8 young people who were supported by 4 full time staff. The last three months of the year saw 10 young people accommodated at any one time, who were supported by 5 full time youth workers, 3 caseworkers, 1/2 an administrative assistant and one co-ordinator.

#### C) MAJOR USERS OF THE SERVICE

This section of the report is made up of quantitative data, giving a statistical profile of clients and the utilisation of the service.

The information is basically collected in two time periods - A - JULY 90 - MARCH 91 B - MARCH 91 - JUNE 91

period B represents the time Caretakers expanded to include 10 residents and 3 caseworkers.

On each page of graphs, the upper diagram is period A and the lower diagram is period B, unless otherwise stated.

A) From July 90 - March 91, 154 young people were accommodated. From March 91 - July 91, 70 were accommodated.

TOTAL 224 residents

B) Average length of stay...

July 90-March91 13.2 days March 91- July 91 12.9 days

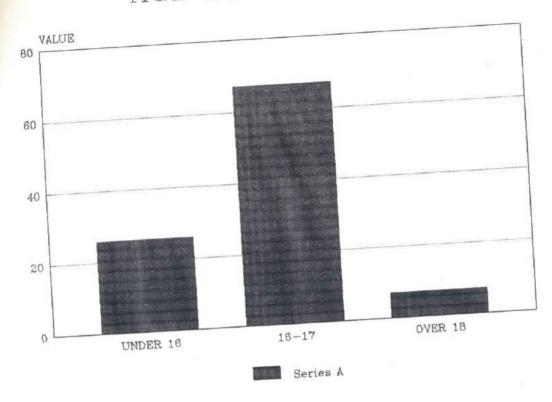
C) Bed occupancy...

July 90- March 91 92% March 91- July 91 94%

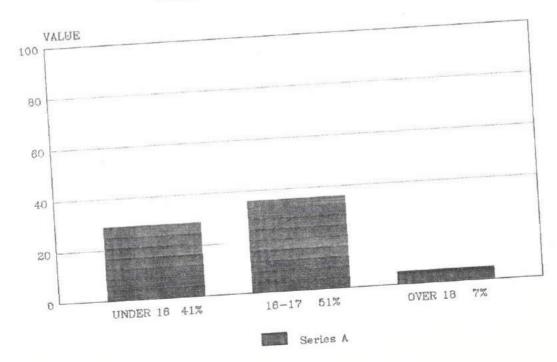
D) Unmet referrals...

	FULL	OUTSIDE TARGET GROUP
July 90- March 91 March 91- July 91	609 275	163
	884	251
TOTAL		

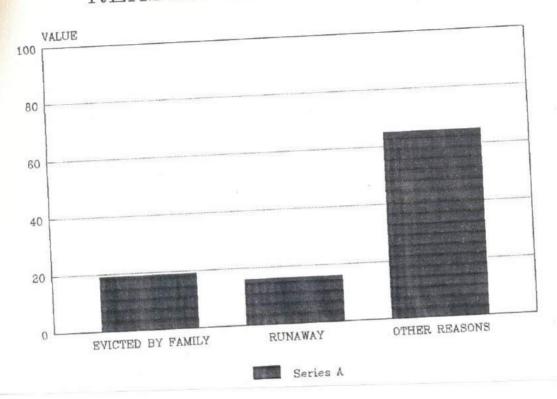
## AGE DISTRIBUTION



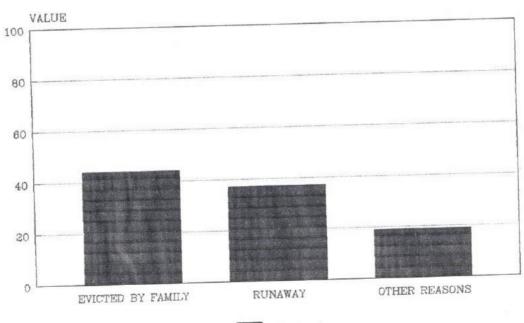
## AGE DISTRIBUTION MARCH 91 - JULY 91



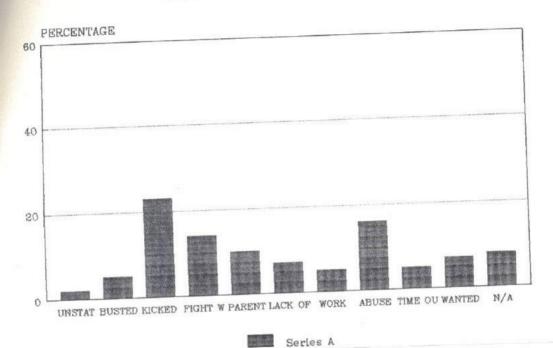
## REASON ACCOMMODATED



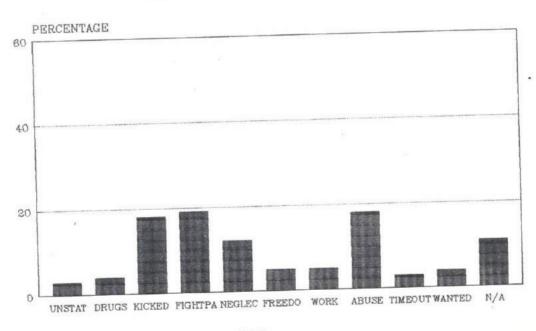
#### REASON ACCOMMODATED MARCH 91 - JULY 91



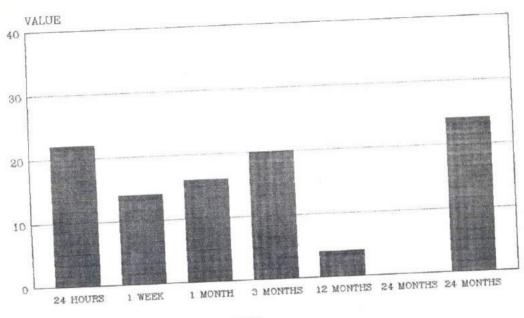
#### REASON FOR LEAVING HOME JULY90 -MARCH91



#### REASON FOR LEAVING HOME MARCH 91 - JULY 91

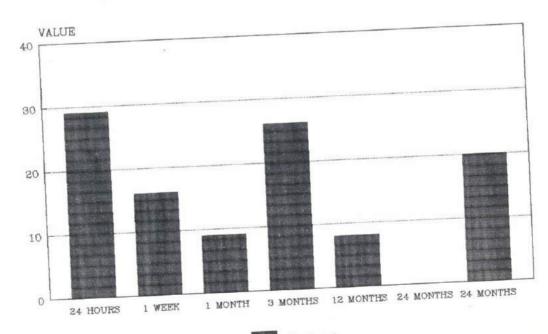


# LAST PERIOD TO RESIDE WITH PARENTS-JULY90- MARCH91

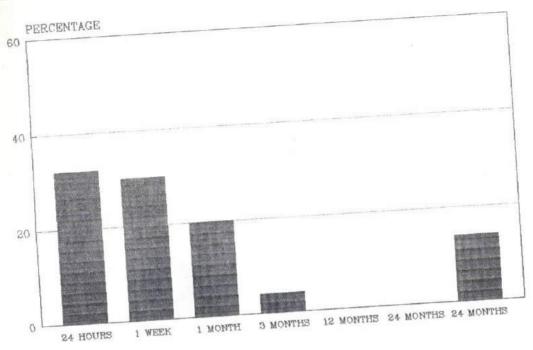


Series A

# LAST PERIOD TO RESIDE WITH PARENTS-MARCH91 - JULY91

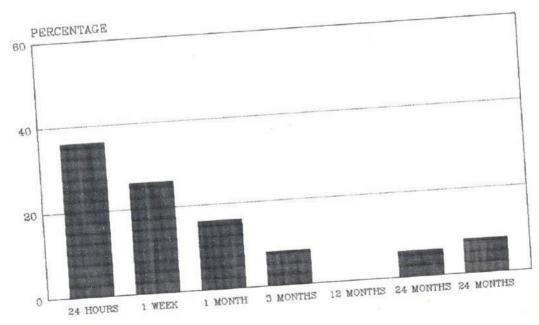


# LAST DATE TO CONTACT PARENTS



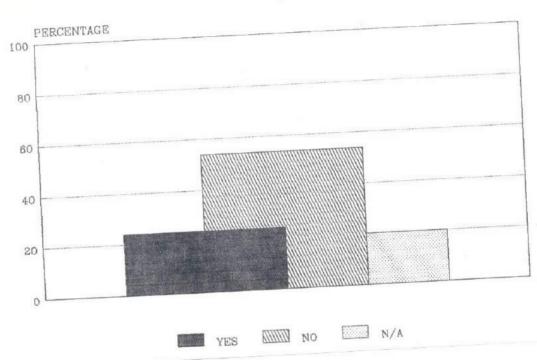
Series A

## LAST DATE TO CONTACT PARENTS MARCH 91 - JULY 91

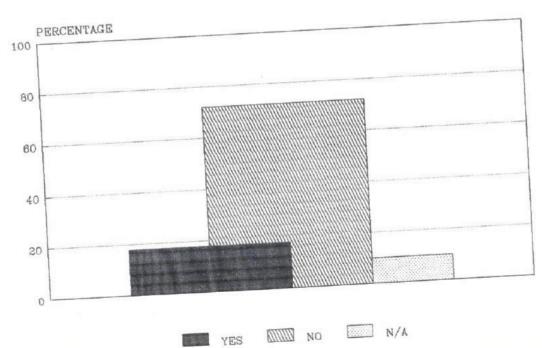


Series A

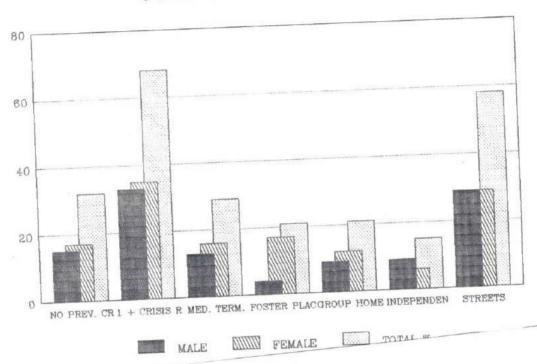
# CONSENT TO CONTACT FAMILY JULY90 -MARCH91



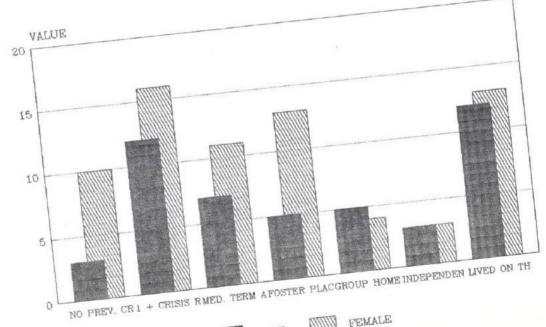
## CONSENT TO CONTACT FAMILY MARCH 91 - JULY 91



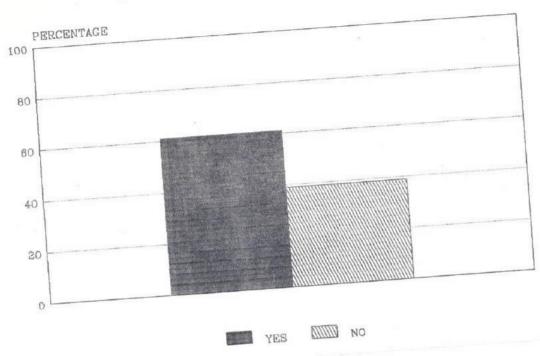
### ACCOMMODATION HISTORY JULY 90 - MARCH 91



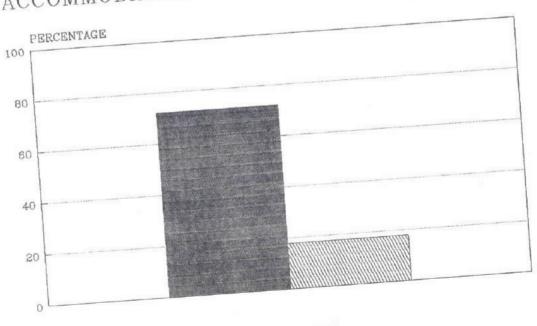
## ACCOMMODATION HISTORY MARCH 91 - JULY 91



# ASKED TO LEAVE PREVIOUS ACCOMMODATION SERVICE

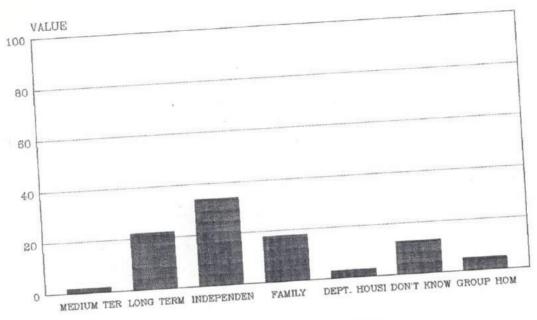


# ASKED TO LEAVE PREVIOUS ACCOMMODATION SERVICE MARCH91 - JULY



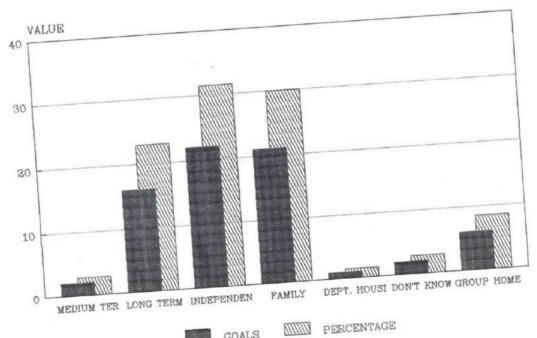
YES MO

### ACCOMMODATION GOALS JULY90 -MARCH91



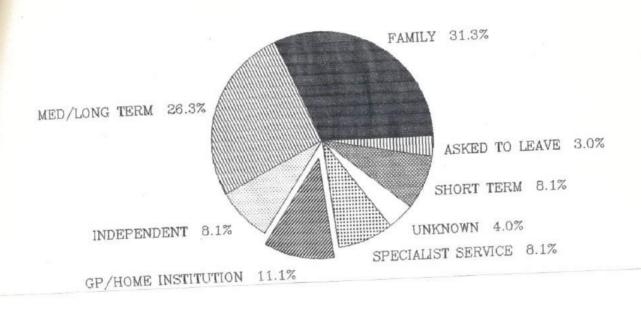
ACCOMMODATION GOALS

## ACCOMMODATION GOALS MARCH 91 - JULY91

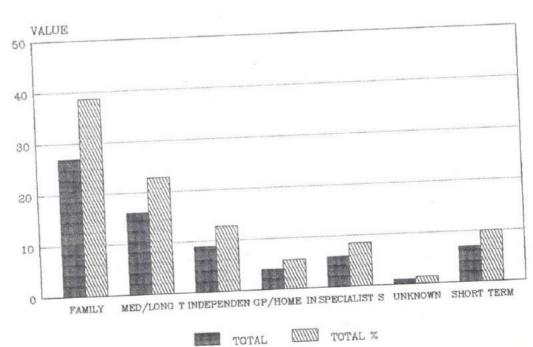


GOALS

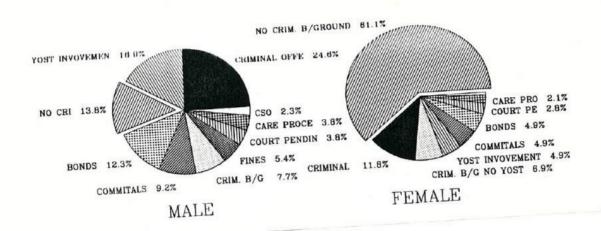
### DESTINATION AFTER CARETAKERS JULY 90 - MARCH 91



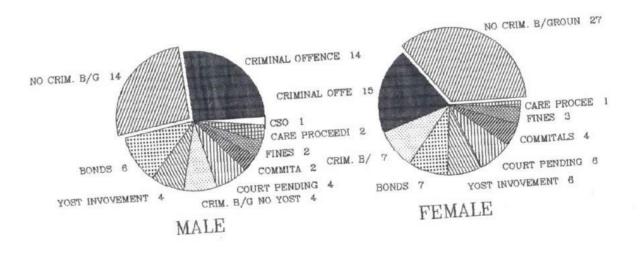
### DESTINATION AFTER CARETAKERS MARCH 91 - JULY 91



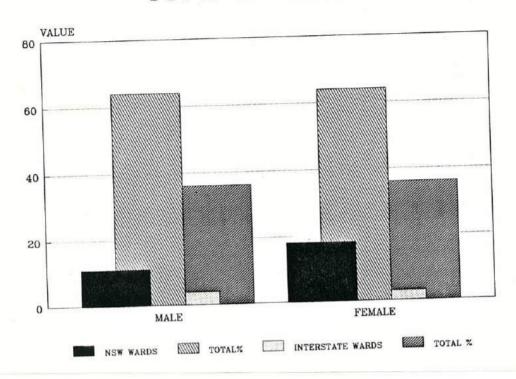
### OFFENCES



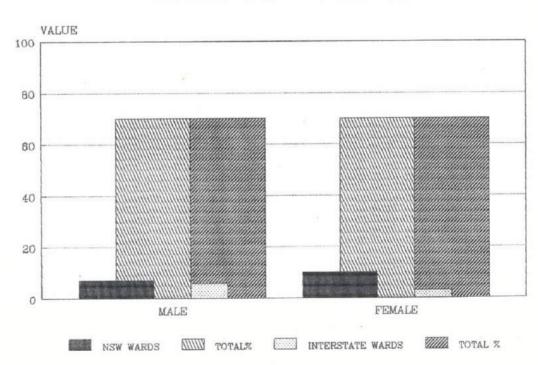
### OFFENCES MARCH 91 - JULY 91



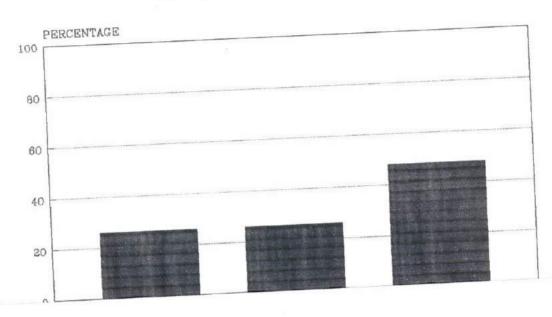
#### TYPE OF WARDS



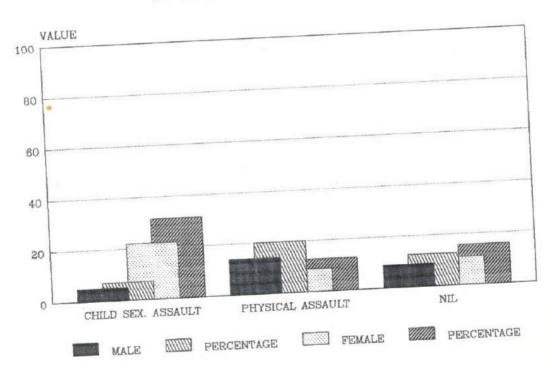
#### TYPE OF WARDS MARCH 91 - JULY 91



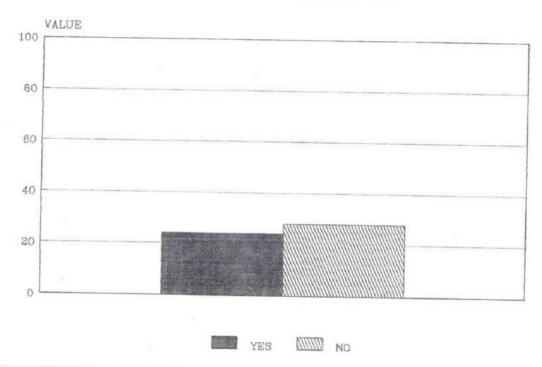
### TYPES OF ASSAULT JULY 90 - MARCH 91



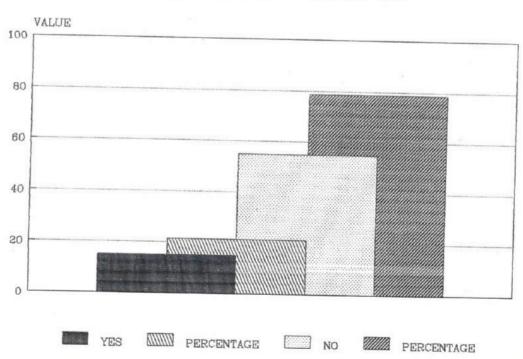
### TYPES OF ASSAULT MARCH 91 - JULY 91



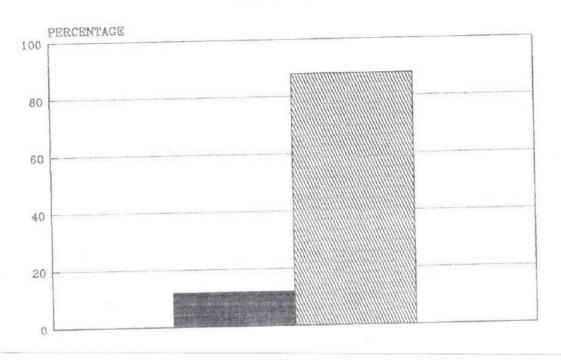
# ACTION TAKEN ON ASSAULT JULY90 -MARCH91



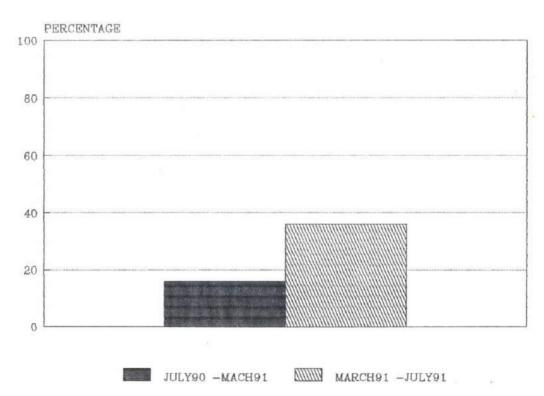
#### ACTION TAKEN ON ASSAULT MARCH 91 - JULY 91



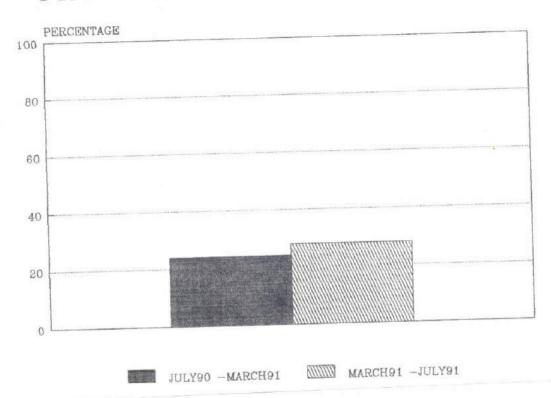
#### INCEST



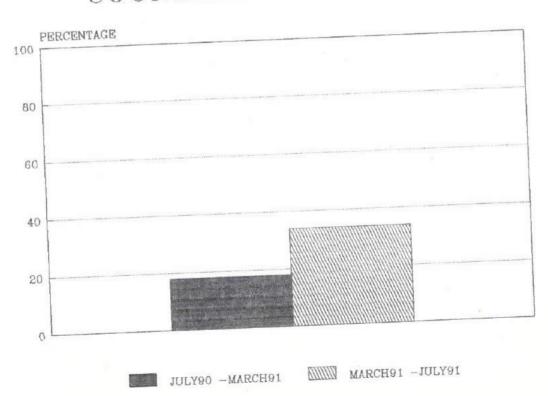
#### WANT TO PERSUE THESE ISSUES



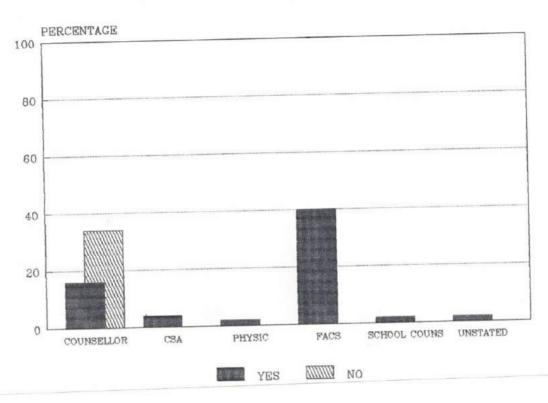
## FACS OR POLICE INVOLVEMENT



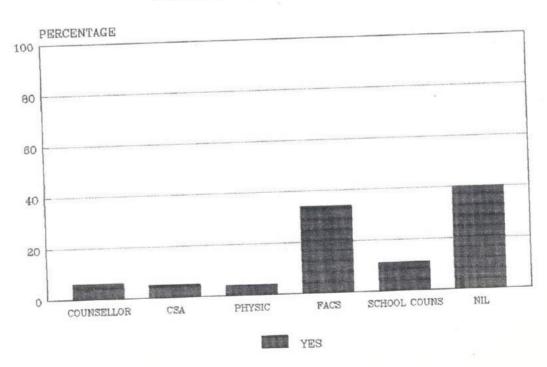
## COUNSELLORS INVOLVED



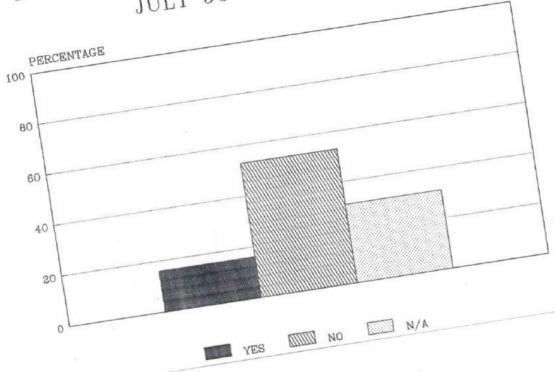
### OTHER PROFESSIONALS



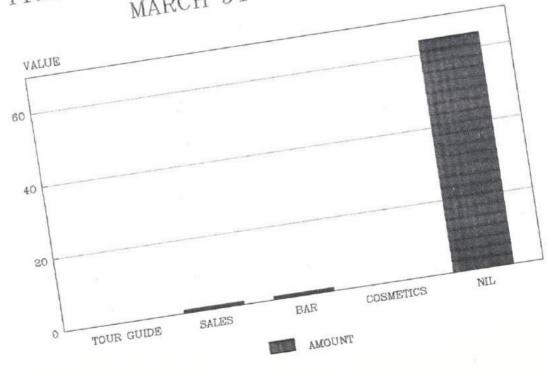
#### OTHER PROFESSIONALS MARCH 91 - JULY 91



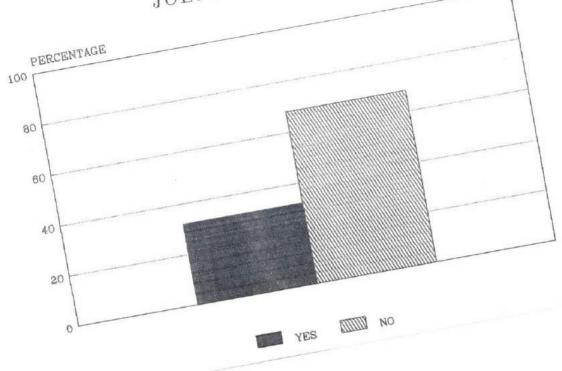
# TRAINING COURSES COMPLETED JULY 90 - MARCH 91



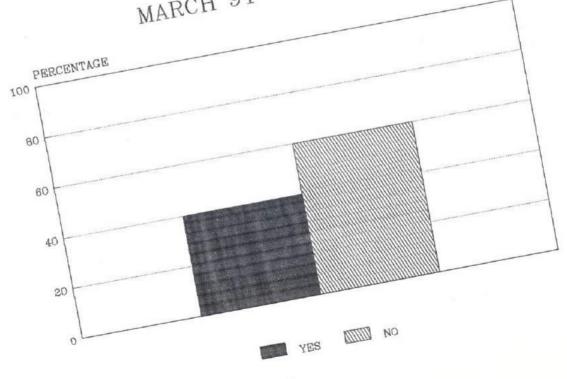
# TRAINING COURSES COMPLETED MARCH 91 - JULY 91



# PERSONAL RELATIONSHIPS JULY90 -MARCH91

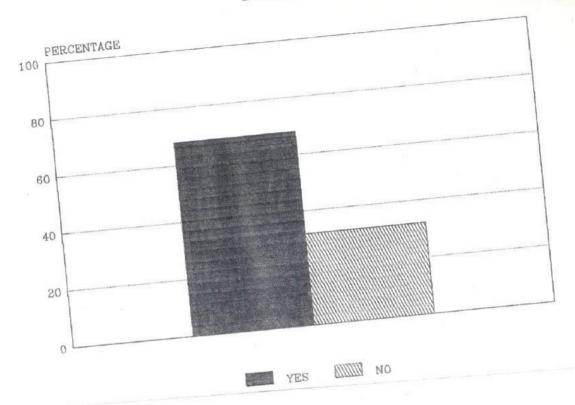


# RELATIONSHIPS MARCH 91 - JULY 91

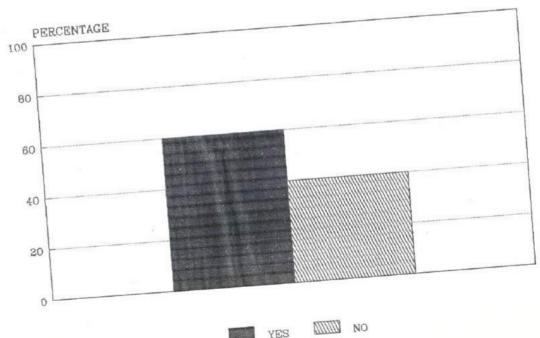


P24

## READ

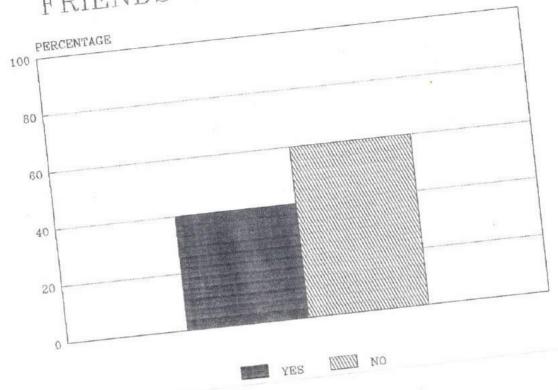


### READ MARCH 91 - JULY 91

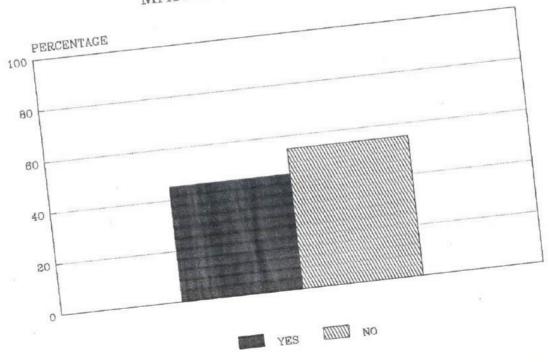


YES

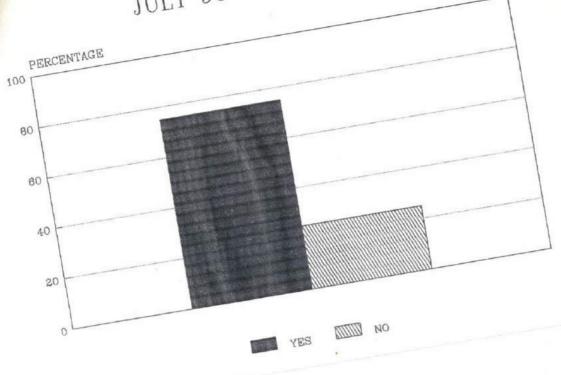
# FRIENDS SCHOOL ATTENDERS



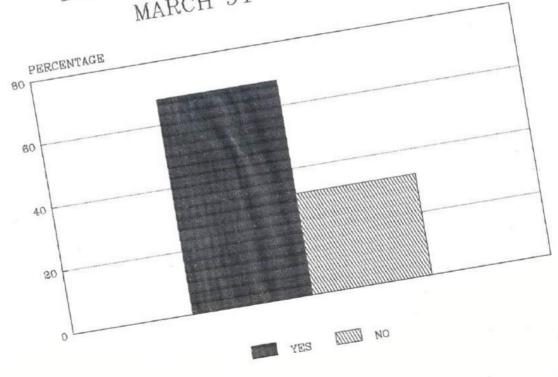
## FRIENDS SCHOOL ATTENDERS MARCH 91 - JULY 91



# DRUG & ALCOHUL OBJULY 90 - MARCH 91

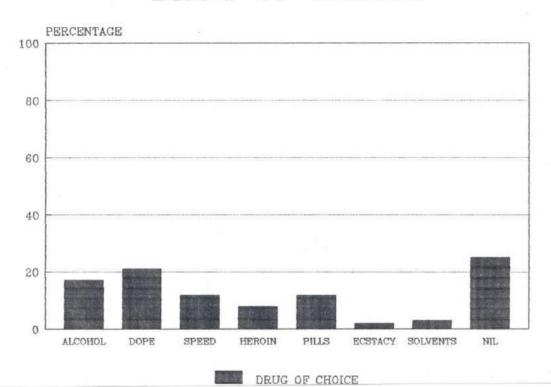


# DRUG & ALCOHOL USAGE MARCH 91 - JULY 91

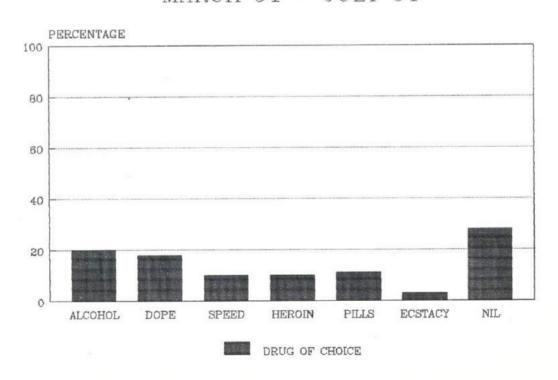


P27

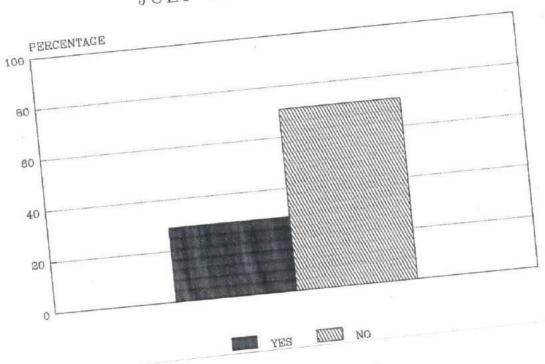
#### DRUG OF CHOICE



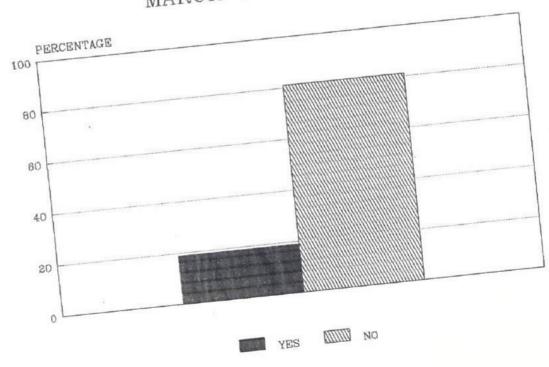
#### DRUG OF CHOICE MARCH 91 - JULY 91



## OVERDOSE REQUIRING HOSPITAL JULY 90 - MARCH 91



## OVERDOSE REQUIRING HOSPITAL MARCH 91 - JULY 91



#### D) OPERATIONAL HOURS OF THE SERVICE.

Caretakers Cottage continues to operate 24 hours per day, 7 days per week. It is our belief that if we are to provide a crisis service, it is essential that services such as the police, Child Protection and Family Crisis Service and the Kings Cross Adolescent Unit of the Dept. of Community Services are able to depend on our support and service.

#### E) NUMBER OF PAID STAFF AND HOURS WORKED.

This area of the report has usually been an area of frustration on our part as it is at this point we usually highlight our inadequacies. I am pleased to say that Caretakers now employs 6 youth workers, 2 of whom are job sharing. The hours worked average 41 per week over a full time position.

Three caseworkers and a co-ordinator are employed for 35 hours with these hours being worked on a flexi basis, though in practice tends to be close to 9am/5pm.

The half position allocated to administrative assistant has been divided between a bookkeeper working 3 hours per week and a typist/office assistant working  $14\frac{1}{2}$  hours per week. It has been difficult to find staff who are willing to commit themselves to the later position.

#### F) CONSUMER/USER INVOLVEMENT IN MANAGEMENT OF THE PROJECT.

A steering committee was set up to facilitate the upgrading of Caretakers. Two past clients of the service joined the committee and contributed to the revised plan for the refuge. One of these two also joined the Management Committee.

Clients have an established forum via a weekly residents house meeting to influence the day to day activities of the service. The staff of the service are always available to advocate on behalf of residents at Staff and Management Committee Meetings.

#### G) DIFFICULTIES ENCOUNTERED IN PROVIDING THE SERVICE.

The most significant difficulty encountered in the delivery of the service relates to our cramped accommodation. Our premises were purchased in 1989 through a Capital Assistance Program grant with a view to operating an 8 bed service with 4 staff.

Caretakers is now accommodating 10 young people, necessitating 2 three bed bedrooms and 2 two bed bedrooms. The caseworkers have taken over the dining room, thus forcing residents to eat in shifts in the kitchen or on their laps in the loungeroom. The house never featured much free living space but now privacy is all but impossible. Often there will be up to 6 adult workers in the house. Although not desired, it has the effect of increasing pressure on residents to 'perform'. The result is often that when all staff other than the youth worker go home, the residents then feel they can let off steam.

Three caseworkers, admin assistant and the co-ordinator all share one office, thus making private counselling impossible unless it is conducted in a bedroom (not the most ideal location) or in a cafe down the street. With so many people in a confined area it makes notetaking and report writing difficult to the point that much is done at home.

A submission, supported by our consultants report has been presented to the Dept. of Community Services seeking funds to relocate our caseworkers in rented accommodation. The results of this submission should be known in October 1991. When the caseworkers move from the building some review of practice will be undertaken as the move will impinge on many aspects of the service.

The changes in Departmental Boundaries and focus on local needs remains a constant problem to Caretakers as a minority of clients are originally local - rather they are drawn to the area. Some discussion has been had with the Dept. in this regard although it remains an unresolved matter.

Maintaining a voluntary Management Committee has continued to be difficult although our office bearers have remained loyal.

#### H) INFORMATION ON ANY REVIEWS OF THE PROJECT

The Consultants report compiled by Glenn Sorrenson and Lavinia Cook remains the most definitive review and reccommendation for the service during the past 12 months.

Three one day Introduction/Review Days have been held by the staff during the past year. These days have generally been geared to clarifying policy and operating proceedures or planning various aspects of the service. A major review is planned for October and a further review is planned for February 1992 to evaluate the success or otherwise of Caretakers upgraded service.

#### I) OTHER ISSUES

The major task ahead of the service is to ensure our financial stability particularly in relation to implementing Award conditions that came in to force on the 15th of May 1991.

In the short term the service can absorb these costs, however, the second and third years of the Award implementation will see us \$26,000 and \$44,000 short on current funding levels respectively.